Fairfax County Department of Community and Recreation Services



- Fitness
- Music
- Indoor Games
- Drama
- Team Sports
- Nature
- Storytelling
- Crafts
- Field Trips
- Swimming
- Sports Festivals
- Talent Showcase
- Community Service
- Supervised Play Sessions
- USDA Summer Breakfast
 & Lunch Program

SUMMER 2006

RECQuest is a drop-in program for children in grades 1 through 6 with an emphasis on developing lifelong leisure skills.

June 21 - September 1, 2006

Monday - Friday 9 a.m. - 4 p.m.

You may register for the entire 11 weeks, weekly, or any combination of weeks. \$70 per week; sliding fee scale available 11 one-week sessions.

For more information, please call: **703-324-5555, TTY 703-222-9693**





A Fairfax County, Va., publication



Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. To request special accommodations call 703-324-4386, TTY 703-222-9693. Please allow ten working days in advance of the event in order to make the necessary arrangements.

Program Dates:

<u> </u>					
Week 1	June 21 – June 23	Let's Get Started	Week 6	July 24 – July 28	Splish, Splash
Week 2	June 26 – June 30	Wonderful Creations	Week 7	July 31 – August 4	Super Star
Week 3	July 3 – July 7 (closed on July 4)	American Discoveries	Week 8	August 7 – August 11	Here, There, Everywhere
			Week 9	August 14 – August 18	Tech Quest
Week 4	July 10 – July 14	Play It Again	Week 10	August 21 – August 25	Safe and Sound
Week 5	July 17 – July 21	Surfin' Safari	Week 11	August 28 – September 1	Final Destination

Program Days and Hours of Operation: Monday-Friday, 9 a.m. - 4 p.m.

Staffing for RECQuest Centers: Leaders are selected on the basis of skills, knowledge and ability in the areas of arts and crafts, sports and game activities, leadership and resourcefulness. Many individuals are college students or schoolteachers with educational backgrounds in recreation, elementary education, or a related field of study. The entire staff is trained in the proper implementation of recreation activities, playground safety, leadership techniques, organizational skills, and administrative procedures. Every effort is made to place the best-qualified staff at each community center to ensure a positive recreation experience for the children. A ratio of 1 staff person to 20 participants is a CRS operating standard.

Breakfast/ Lunch: Community Centers are participating in the USDA (United States Department of Agriculture) Summer Food Service program that provides free and nutritious breakfast and lunch. Participants may be required to complete a Summer Breakfast and Lunch Application form.

Therapeutic Recreation Inclusion: Does your child have an Individualized Education Program (IEP)? If so, are there specific goals that could be addressed during RECQuest? Contact Sara Mumford, Therapeutic Recreation Branch Manager at 703-324-5587 to find out whether Inclusion would be right for your child. **Refunds:** Satisfaction is guaranteed. If you are dissatisfied with the program, please contact the recreation staff at the community center or contact the program supervisor at 703-324-5555, TTY 703-222-9693. You may also contact us at our customer comment line at 703-324-5592.

Swimming: CRS will operate a recreational swim program for participants 6 through 12 years of age. Once each week, school buses will transport participants from the community center to a local Northern Virginia Regional Park Authority or Fairfax County Park Authority pool for a swim period. The program is free of charge. Participants provide swimsuits and towels.

5920 Summers Lane 10225 Zion Drive 8100 Fordson Road Falls Church, VA 22041 Fairfax, VA 22030 Alexandria, VA 22306 A 703-931-7027 703-250-9181 703-360-6088	Huntington Community Center 5751 Liberty Drive Alexandria, VA 22303
	703-960-1917 FAX: 703-329-3778 Villston Multicultural
Falls Church, VA 22042 Fairfax, VA 22030 Alexandria, VA 22309 Fa 703-534-3387 703-278-8605 703-619-2964	Center 6131 Willston Drive alls Church, VA 22044 703-532-6018 FAX: 703-532-0743

^{*}Denotes Therapeutic Recreation Inclusion Sites for children with disabilities. Please call 703-324-5587 TTY 703-222-9693 for registration information.

For Information Call 703-324-5555, TTY 703-222-9693, Monday through Friday, 8 a.m. to 4:30 p.m. Fairfax County Department of Community and Recreation Services, 12011 Government Center Parkway - 10th Floor, Fairfax, Virginia 22035-1115

^{**}Denotes site that will not host a USDA summer feeding program

Registration Form Instructions

Summer RECQuest 2006 A separate registration form must be completed for each child.

- 1. Carefully read the Rules of Conduct included in this packet with your child. Have your child sign the statement below to show your agreement. Your signature is also required.
- 2. Read the statements in Section 2 RECQuest Policies and Policies concerning Medical Emergencies, Permission to Participate, Photo & Information Release, Behavioral Issues, Liability, and Participation. Sign your name in the spaces provided to give your permissions, and acknowledge policies and procedures.
- 3. Complete Section 3 by clearly printing participant information in the spaces provided.
- 4. **Read Section 4** and follow the directions for determining and identifying the Registration Fees.
- 5. **Pre-Registration:** Visit your local community center during operating hours to register. All community centers are open Monday Saturday. Call the community center for specific hours of operation. **Fax:** Registration forms can be faxed to the community center along with payment at any time throughout the program. Include in the fax Sections 1, 2, 3, and 4 of the registration form. Pre-registration is not mandatory.
- 6. Weekly Registration: Bring this registration form to the community center between 9 a.m. and noon on the day of the week your child will be participating. Registration in the program is for the entire week. Absences and personal scheduling conflicts are not reimbursable.
- 7. Payment is accepted by cash, check, money order, or credit card. Please make checks payable to Department of Community and Recreation Services (CRS)
- 8. **Refunds:** Satisfaction is guaranteed. If you have concerns regarding the recreation program, please contact the Recreation Staff at your community center or contact the Community Centers Division at 703-324-5555, TTY 703-222-9693.

Section 1: Code of Conduct

We, the undersigned, have read and understand the Rules of Conduct, which includes the requirement that the coming and going of participants are the responsibility of the parents, and will strive to follow and uphold them, to maintain a safe and enjoyable RECQuest program for all.

Signature of Child:_		Date:		
Signature of Parent	/Guardian:	Date:		
Home Phone:	Business Phone:	Emergency Phone:		

Section 2 - RECQuest Policies and Procedures

Eligibility for RECQuest Centers: Children who are residents of Fairfax County or Fairfax City, and are between 1st (entering fall of 2006) and 6th (finished in spring of 2006) grades, are cordially invited to participate. This program is designed for elementary school-age children. Individuals may register at any time during the program session.

Medical Emergency: The Fairfax County Department of Community and Recreation Services (CRS) employees have **permission** in the event I cannot be reached readily in an emergency **at my expense** to: contact our family physician, and/or utilize the most convenient rescue squad vehicle or ambulance to transport my child to the nearest hospital.

Permission: I hereby grant permission for my child to participate in any or all of the programs, special events, walking and bus trips, including swimming, sponsored by the Fairfax County Department of Community and Recreation Services. A weekly calendar of activities will be distributed.

Photo Release: By signing this form, I give permission for my child/myself
(please print name) to be photographed and/or videotaped by CRS or the media for use in publicizing CRS
programs and services. Youth registration information provided to the Fairfax County Department of
Community and Recreation Services is public record and as such may be released under the Virginia Freedom
of Information Act (VFOIA) unless the parent/guardian specifically requests that this information not be
released. Please check here if you do not grant CRS permission to release your child's registration
information.

Information: In accordance with the Virginia Privacy Protection Act of 1976, the requested information will be used to coordinate activities of this agency. I understand that some of the information contained in this form may be released to persons who request such information in accordance with the requirements of the Virginia Freedom of Information Act (VFOIA), VA. Code §2-2-3705. As this statement indicates, not all information CRS collects is subject to availability under the VFOIA. Medical information, anything relating to mental or physical well-being, social security numbers, and letters written to CRS regarding participants or personnel are exempt from VFOIA requests.

Behavioral Issues: If the actions of a participant may cause injury to other participants or staff, CRS reserves the right to deny his/her continuation in the program. If property is destroyed or damaged, payment may be required to pay for repairs.

Participation: RECQuest is a structured recreation program. Parents may choose to allow their children to participate the entire day or any portion of the day. The coming and going of participants is the responsibility of the parents. Should a child leave the center for any reason, he or she is no longer the responsibility of CRS.

Parental Responsibilities: Transportation to and from the center is the responsibility of the parent/guardian. Working parents must have alternative transportation arrangements in case of emergency, illness, or disciplinary problems. The program does not open until 9 a.m. and ends at 4 p.m. Parents are responsible for providing lunch for their child(ren) if they do not participate in the USDA Summer Lunch program at the center.

Liability: On behalf of my child, I recognize that there are risks inherent to participation in recreational activities and agree to hold harmless the County of Fairfax and the Department of Community and Recreation Services, its officers, employees, and volunteers from any and all claims from bodily injury and/or property damage which result from my child's participation in any and all activities sponsored by the said Department.

I certify that I have read and understand all policies and procedures associated with the operation of the

RECQuest program. Signature of Parent/Guardian:______Date:______ Print Name of Parent/Guardian: **Section 3** — **Participant Information** A separate form must be completed for each child. Parents/guardians must register their child(ren) to be eligible to participate. Please print carefully: Baby-sitter/Child Care Provider (if other than Community Center: _____ parent/guardian): Name: _____ 4 🗆 5 🗆 6 🗆 Week: 1 □ 2 □ 3 □ 7 🗆 8 🗖 9 🗖 10 🗖 11 🗖 Child's Name: Birth Date: _____ Grade (in fall): ____Sex: ___ Street Address: **Other Information:** City: _____ State: ____ Zip: ____ Allergies: bee stings insect bites foods Name of Parent/Guardian: please specify: Daytime Phone: _____ Office Phone: _____ Emergency Phone: _____ (Required) Name of Child's School: _____ **Medication:** Name/Type: public private parochial home school For: _____ Child will be: walking biking transported to program. Restrictions: **Other Health Related Information:** Family Physician:

Section 4 — **Fees and Payments**

CRS has established a sliding scale based on the family's total annual income level and the number of registered children. — *Your honest statement of income is appreciated.* —

Directions:

Find your family's total annual income range in the left hand column and place an "X" in the box.

Continue to the right for the appropriate registration fee and place an "X" in the appropriate box. If registering more than two children in the same week, use the "each additional child" fee.

Calculate the total fee, register in person, or pre-register by mail or fax. (Payments must be included with Registration.)

Make checks and money orders payable to CRS, Visa/Mastercard accepted for payments of \$10 or more. Cash is accepted.

Income	Week Fees for 1 st Child	Fees for Additional Children	
\$40,000 or higher □	Week #1□ \$ 40.00□ Week # 3□ \$ 65.00□ Week # 2□ 4□ 5□ 6□ 7□ 8□ 9□ 10□ 11□ \$ 70.00□ All 11 Weeks □ \$735.00□	\$ 35.00 \(\text{\ti}\text{\texi{\text{\texi\text{\texi}\tint{\text{\text{\text{\text{\text{\tin\texi}\text{\text{\texi}\tint{\text{\texi}}\tint{\text{\text{\texi}}\tint{\text{\ti}}}}\ti	
\$28,000 - \$39,999 🗖	Week #1□ \$35.00□ Week #3□ \$55.00□ Week #2□ 4□ 5□ 6□ 7□ 8□ 9□ 10□ 11□ \$60.00□ All 11 Weeks □ \$630.00□	\$30.00 \bigsim \$50.00 \bigsim \$55.00 \bigsim \$575.00 \bigsim \$	
\$17,000 - \$27,999 🗖	Week #1□ \$25.00□ Week # 3□ \$35.00□ Week # 2□ 4□ 5□ 6□ 7□ 8□ 9□ 10□ 11□ \$40.00□ All 11 Weeks □ \$420.00□	\$20.00 \bigsim \$30.00 \bigsim \$35.00 \bigsim \$365.00 \bigsim \$	
\$16,999 or lower □	Week #1□ 20.00□ Week # 3□ \$25.00□ Week # 2□ 4□ 5□ 6□ 7□ 8□ 9□ 10□ 11□ \$30.00□ All 11 Weeks □ 315.00□	\$15.00 \\ \$20.00 \\ \$25.00 \\ \$260.00 \\	

Payment:	Check/MO	Cash	Credit Card (Visa	MC) - Credit (Card Numbe	r:
	_	_				Exp. Date:	/
Credit Card Signature:				Print Name of Card Holder:			
Application for fee waiver/scholarship attached.							
For Recrea	ation Staff use	only — Par	ents, Do Not Co	mplete	This Section	•••••••	•••••
	te Rec'd:/	•		-	— Date Rec'd:/_	Amt: \$	Ck.#
Wk 2 □ — Da	te Rec'd:/	Amt: \$	Ck.# V	Vk 7 🗖 –	— Date Rec'd:/	Amt: \$	_ Ck.#
Wk 3 □ — Da	te Rec'd:/	Amt: \$	Ck.# V	Vk 8 🗖 -	— Date Rec'd:/	Amt: \$	_ Ck.#
Wk 4 □ — Da	te Rec'd:/	Amt: \$	Ck.# V	Vk 9 □ -	— Date Rec'd:/	Amt: \$	_ Ck#
Wk 5 □ — Da	te Rec'd:/	Amt: \$	Ck.# V	Vk 10□ -	— Date Rec'd:/_	Amt:\$	Ck .#
				Vk 11□ -	— Date Rec'd:/_	Amt:\$	Ck .#

Fairfax County Department of Community and Recreation Services Community Centers Division

12011 Government Center Parkway, 10th Floor Fairfax, Virginia 22035-1115 703-324-5555 TTY 703-222-9693

Rules of Conduct

Children and Parents please read and sign on registration form to show agreement.

Children:

- Must sign in and out on the daily attendance form.
- Stay in your assigned group.
- You must inform your Leader before leaving the RECQuest program.
- Show respect for others in what you do and say.
- Be involved in as many activities each day as possible and encourage others, too.
- Listen to the RECQuest leaders and follow directions carefully.
- Try very hard to maintain your self-control even when you are upset. The RECQuest leader will listen.
- Take care of your personal belongings, no pocket knives or harmful weapons.
- Play safely and have fun.
- Use equipment and supplies appropriately without destruction.

Parents:

- Your child and the RECQuest leaders need your support. Parents are welcome as volunteers and chaperones.
- Support the RECQuest leaders and work with them to resolve disciplinary problems.
- Understand that the coming and going of your child is your responsibility.
- Understand that CRS does not provide extended hours of child supervision.
- Make arrangement for the participant to be picked up in the event of sickness, uncontrolled behaviors, or other emergency needs.

Termination of Service/Ineligible for Services:

- The participant's actions cause injury to self, peers, or staff.
- If the child exhibits inappropriate behaviors which may inhibit participation in activities.
- If the child engages in repetitive, aggressive, harmful, or disruptive behavior.
- If the participant fails to follow the general rules of conduct.
- The child does not meet the eligibility criteria for the program.

Management of Behavior

Behavior Guidance and Management

From time to time the RECQuest staff must take actions to resolve a problem that is disruptive to the program and other participants. Behavior guidance requires very specialized skills. Although RECQuest staff members are not behavior specialists, we have trained staff to provide basic and rudimentary behavior interventions. In the management of disruptive and inappropriate behaviors, staff will use the following guidelines:

Acknowledge the child's behavior or distress;

Assess the reasons for the behavior;

Counsel the child (children) about appropriate behavior;

Use non-aversive measures including: ignoring the behavior, redirecting the behavior, and modeling the expected behavior; and

If necessary, remove the child from the activity or isolate the child from the group for a short time.

If staff are unable to effectively and safely manage an individual's disruptive behaviors (self-abusive actions, biting, tantrums, hitting, and destruction of property) staff will take the following actions:

- 1. Consult with parents and teachers concerning the exhibited behavior
- 2. Design and carry out a plan to work with the child
- 3. Re-evaluate the situation within a reasonable period
- 4. if the disruptive behavior continues to exist or endanger self, peers, or staff, your child's eligibility may be affected. You will be contacted by staff, and your child's eligibility will be discussed. CRS reserves the right to terminate or suspend your child from the program.

The staff of does not use physical punishment or restraints, humiliation or shaming, denial of food, loss of privileges as a method for managing inappropriate or disruptive behaviors.

We appreciate your support as staff try to find a solution that promotes non-disruptive behavior and allows your child to participate without incident in the activities. Staff members use a proactive approach to meet the needs of the children by planning age and ability appropriate activities, selecting a variety of play and recreation activities, discussing the needs of the children with their parents, and evaluating the entire environment. The safety of the participants and staff is of paramount concern.